

File No. 100413

Committee Item No. \_\_\_\_\_  
Board Item No. 28

**COMMITTEE/BOARD OF SUPERVISORS**  
AGENDA PACKET CONTENTS LIST

Board of Supervisors Meeting

Date April 6, 2010

**Cmte Board**

- |                          |                                     |  |
|--------------------------|-------------------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/>            | Motion                                       |
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | Resolution                                   |
| <input type="checkbox"/> | <input type="checkbox"/>            | Ordinance                                    |
| <input type="checkbox"/> | <input type="checkbox"/>            | Legislative Digest                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Budget Analyst Report                        |
| <input type="checkbox"/> | <input type="checkbox"/>            | Legislative Analyst Report                   |
| <input type="checkbox"/> | <input type="checkbox"/>            | Youth Commission Report                      |
| <input type="checkbox"/> | <input type="checkbox"/>            | Introduction Form (for hearings)             |
| <input type="checkbox"/> | <input type="checkbox"/>            | Department/Agency Cover Letter and/or Report |
| <input type="checkbox"/> | <input type="checkbox"/>            | MOU  |
| <input type="checkbox"/> | <input type="checkbox"/>            | Grant Information Form                       |
| <input type="checkbox"/> | <input type="checkbox"/>            | Grant Budget                                 |
| <input type="checkbox"/> | <input type="checkbox"/>            | Subcontract Budget                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Contract/Agreement                           |
| <input type="checkbox"/> | <input type="checkbox"/>            | Award Letter                                 |
| <input type="checkbox"/> | <input type="checkbox"/>            | Application                                  |
| <input type="checkbox"/> | <input type="checkbox"/>            | Public Correspondence                        |

**OTHER** (Use back side if additional space is needed)

<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	_____

Completed by: Annette Lonich Date April 1, 2010  
Completed by: \_\_\_\_\_ Date \_\_\_\_\_

An asterisked item represents the cover sheet to a document that exceeds 25 pages.  
The complete document is in the file.

RECEIVED  
BOARD OF SUPERVISORS  
SAN FRANCISCO

**INTRODUCTION FORM**  
By a member of the Board of Supervisors or the Mayor

2010 MAR 31 AM 11:15

BY \_\_\_\_\_  
Time Stamp or Meeting Date A/c

I hereby submit the following item for introduction:

- \_\_\_\_\_ 1. For reference to Committee:  
An ordinance, resolution, motion, or charter amendment.
- X   2. Request for next printed agenda without reference to Committee
- \_\_\_\_\_ 3. Request for Committee hearing on a subject matter.
- \_\_\_\_\_ 4. Request for letter beginning "Supervisor \_\_\_\_\_ inquires...".
- \_\_\_\_\_ 5. City Attorney request.
- \_\_\_\_\_ 6. Call file from Committee.
- \_\_\_\_\_ 7. Budget Analyst request (attach written motion).
- \_\_\_\_\_ 8. Substitute Legislation File Nos.
- \_\_\_\_\_ 9. Request for Closed Session
- \_\_\_\_\_ 10. Board to Sit as A Committee of the Whole

Please check the appropriate boxes. The proposed legislation should be forwarded to the following:

- Small Business Commission
- Ethics Commission
- Building Inspection Commission
- Youth Commission
- Planning Commission

Note: For the Imperative Agenda (a resolution not on the printed agenda), use a different form.]

Sponsor(s): Supervisor Maxwell

SUBJECT: Meat-Free Mondays

The text is listed below or attached:

Signature of Sponsoring Supervisor: \_\_\_\_\_

*Sophenia Maxwell*

For Clerk's Use Only:

100 4/13 (

1 [Meat-Free Mondays]

2  
3 **Resolution declaring every Monday as "Vegetarian Day" to urge all restaurants,**  
4 **grocery stores, and schools to offer a variety of plant based options to improve the**  
5 **health of San Francisco residents.**

6  
7 WHEREAS, The Plant based diet is truly a Green Diet that reduces the serious  
8 ecological problems involved in livestock production; and

9 WHEREAS, The 2009 report from World Bank environmental advisers, Goodland and  
10 Anhang, called "Livestock and Climate Change", reveals that farmed animals and their  
11 byproducts are responsible for at least 32.6 billion tons of carbon dioxide per year, or 51  
12 percent of annual worldwide greenhouse gas emissions. Goodland and Anhang concluded  
13 that replacing animal products with soy-based and other alternatives would be the best  
14 strategy for reversing climate change; and

15 WHEREAS, The findings from the United Nations Food and Agriculture Organization  
16 report prompted Rajendra Pachauri, head of the Nobel Peace Prize-winning  
17 Intergovernmental Panel on Climate Change, to recommend that individuals reduce their  
18 personal carbon impact by decreasing their meat consumption; and

19 WHEREAS, Plant-based diets are good preventive medicine and could help reduce  
20 medical costs to individuals and the health care system; and

21 WHEREAS, In July 2009, Ghent, Belgium recognized the relationship between diet  
22 and climate change by establishing a VegDay each week of the year; and

23 WHEREAS, In April 2009, the City of Takoma Park, Maryland, adopted a Mayoral  
24 Proclamation designating April 24-30 "Takoma Park Veg Week," to encourage citizens to  
25 choose vegetarian foods as a way to protect the planet, their health, and animals; and

Supervisor Maxwell  
BOARD OF SUPERVISORS

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2           WHEREAS, In February 2009, as part of the Green Cincinnati Plan, the City's Food  
3 Task Force recommended that residents replace some of the meat in their diet with fresh  
4 fruits and vegetables; and

5           WHEREAS, The American Dietetic Association recognizes that reduced meat  
6 consumption decreases the risk of various health problems, stating, "Scientific data suggests  
7 positive relationships between a vegetarian diet and reduced risk for several chronic  
8 degenerative diseases and conditions, including obesity, hypertension, diabetes mellitus and  
9 some types of cancer"; now, therefore, be it

10          RESOLVED, That the Board of Supervisors designates every Monday as "Veg Day" to  
11 encourage restaurants, grocery stores, and schools to offer a greater variety of plant based  
12 options to improve the health of San Francisco residents and visitors, and to increase the  
13 awareness of the impact a GREEN DIET would be on our planet.